

Check out the student lounge for more Hip Hop info!

CENTER STAGE DANCE COMPANY

# The History of Hip Hop Dance

Volume 1, Issue 3

March 2007

There are many different styles of hip hop around the US:  
California - popping, locking, and boogaloo  
New York - B-boying and B-girling  
Chicago - house dancing



## Hip Hop Lingo

### **Hip Hop Friday At Center Stage**

Who: Girls and Boys ages 9-15

What: After-School Hip Hop Dancing Party

When: April 20  
4:30-6:00 PM

Where: Center Stage Dance Co.

Cost is covered by Dance History fee

Breakdancing is the oldest known style of hip-hop dance. It started in New York in the 1970s.

### Popular Breakdance Moves:

- Top rock
- Spins
- Windmill
- Swipe
- Freezes



- **MC-ing:** Rapping
- **DJ-ing:** Mixing music and beats. DJ battles would happen when one DJ tried to out play another—the winner would have the louder and newer music!
- **B-Boying/B-Girling:** Breaking. DJ Kool Herc coined the phrase "B-Boy" in 1969. Some say B-Boys stands for "Boogie Boy" while others insist it means "Break Boy" or "Bronx Boy".
- **House Dancing:** freestyle dancing named after The Warehouse in Chicago.

**"We're not doing anything, we're just hip-hopping around." - Afrika Bambaataa**

In 1981, the term hip hop began to be used by kids and dancers all over the United States to describe the friendly battles they had on the streets to try to out-dance the other person. Hip hop is a social dance, showing off your own moves in a circle or group of people.



New to hip hop? Summer classes are the perfect way to start!  
Classes begin Tuesday, July 10 - Check out our website for more info:  
[www.dancingcenterstage.com](http://www.dancingcenterstage.com)